



This month our focus is:

Reduce, Reuse, Recycle

What are the issues?

The idea of 'Reduce, Reuse, Recycle' is to address the problems of overconsumption of resources and overproduction of waste.

Currently, natural resources are being consumed faster than the Earth can replenish them - 1.75 times faster by one estimate.

Every day, millions of things are thrown away which could be reused or recycled, not only wasting resources but also contributing towards pollution and other environmental dangers.

Long-lasting, single-use plastics are one of the biggest contributors to waste pollution, with a truckload of plastic entering the ocean each minute.

Much of the waste thrown away ends up in landfills, which can give off methane and CO₂, contributing to global warming.

What can I do?

By reducing the amount of single-use or disposable products we consume, reusing items for as long as we can, and recycling as much as possible, we will use less of the Earth's resources and produce less polluting waste.

Reduce the resources you consume by avoiding items with large amounts of non-recyclable packaging or looking for products that are second-hand or made of recycled materials.

Reuse items where possible by avoiding disposable, single-use products and looking for ways to give new life to things before throwing them away.

Recycle what you can by sorting your waste at home and looking for facilities or collection points to recycle more complex items.

Where can I learn more?

These posters will be available at standrewsn19.org/ecochurch

<https://wrap.org.uk/>

<https://www.preloved.co.uk/>

<https://www.storyofstuff.org/>

<https://www.recycleit.co.uk/>

<https://www.streetbank.com/>

<https://thebikeproject.co.uk/>

<https://www.keepbritaintidy.org/>

<https://www.recycle4charity.co.uk/>

<https://www.upcyclethat.com/>

<https://www.greenpeace.org.uk/challenges/plastic-pollution/>

<https://friendsoftheearth.uk/consumption-natural-resources>

